

# Kabir's Kids Yoga

## Fall 2015

### Yoga One - assist

September 12

November 7

October 3

December 5

### Bikram Meyerland

September 19

November 14

October 17

December 12

KABIR'S

A black silhouette of a person in a yoga pose, specifically a standing balance pose with one leg raised and the foot held against the inner thigh of the standing leg. The figure is positioned between the letters 'B' and 'R' of the word 'KABIR'S'.

kids yoga